

## **TEAM GUIDELINES**

-Employee screenings are conducted before employees may enter the workspace. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and if the employee has had contact with a person known to be infected with COVID-19 in the last 14 days. These checks can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible.

-Face coverings to be worn by the employee at all times during the workday when in contact or likely to come into contact with others. Employees who have been instructed by their medical provider that they should not wear a face covering should wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves should not be used.

-Employees are instructed to wash or replace their face coverings daily.

-Employees need gloves for tasks that require them to handle frequently touched surfaces or for use during symptom screening.

-Employees have been instructed to maintain at least a six (6) feet distance from visitors and from each other in all areas of the Day Camp. Employees may momentarily come closer as necessary to assist children, or as otherwise necessary.

-Restrooms and other common areas are disinfected frequently, on the following schedule:

## **CAMP REGULATIONS**

-Limit the number of persons in the camp to the number appropriate for maintaining physical distancing.

-All campers and visitors must wear cloth face coverings at arrival and departure. All campers are required to wear cloth face coverings while at camp, except while swimming, napping, eating/drinking, or engaging in solo physical exertion (such as jogging by one's self). Exemptions include those with exemption from medical provider. Participants without a mask will be provided one.

-Designate routes for entry and exit, using as many entrances as feasible. Put in place other protocols to limit direct contact with others as much as practicable.

-Campers should remain in the same space and in groups as small and consistent as practicable. Keep the same campers and staff with each group and include campers from the same family in the same group, to the greatest extent practicable. Recommended participant to staff ratios should be 12:1.

-For any gatherings, seating to be arranged in a way that minimizes face-to face contact.

-Restrict communal activities where practicable. If this is not practicable, stagger use, properly space occupants, keep groups as small and consistent and disinfect in between uses.

-Minimum 8 feet of space between participants for physical exertion.

## **MEALS**

-Prep food inside with masks and gloves. Eat outside.

-Use disposable food service items (e.g., utensils and plates). If disposable items are not feasible, ensure that all non-disposable food service items are handled with gloves and washed with dish soap and hot water or in a dishwasher. Individuals should wash their hands after removing their gloves or after directly handling used food service items.

-Offer pre-packaged meals for each attendee instead of a buffet or family-style meal. Avoid sharing of foods and utensils.

-Hand washing and hand sanitizer at every meal

-Require reusable water bottles and eliminate drinking fountains.

## **CLEANING**

-Frequently touched surfaces such as door handles, light switches, sink handles, bathroom surfaces, tables as well as surfaces in transportation vehicles should be cleaned at least daily and more frequently throughout the day if possible.

-Limit use of shared equipment in favor of physical activities that require less contact with surfaces.

-Where items must be shared, they are disinfected with a cleaner appropriate for the surface between shifts or uses, whichever is more frequent.

-When choosing cleaning products, use those approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list "N" and follow product instructions. These products contain ingredients which are safer for individuals with asthma.

-Use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. Provide employees training on the hazards of the chemicals, manufacturer's directions, and Cal/OSHA requirements for safe use.

-Offer sanitation after every obstacle

## **COMMUNICATION TO REGISTRANTS**

-A copy of this protocol is posted at all public entrances to the facility.

-Remind registrants that they should stay home if sick with respiratory symptoms.

-Online outlets of the establishment (website, social media etc.) provide clear information about physical distancing, use of cloth face coverings and other issues.

-No spectators or guests.

## **PAYMENT**

-There is **no on-site registration** for this event. It is open for pre-registration only.

## **RACE COURSE**

-Heat sizes will happen in waves and the course will be wide enough to ensure safe spacing while running/walking and at obstacles.

-Dedicated lanes, along with designated waiting spots, will be provided at areas where racers tend to congregate, such as at check-in and at obstacles. Where lines are formed, distancing markers will be used to ensure safe distancing.

-Modify obstacles to minimize close proximity.

## **SLEEPING**

-All participants need to bring all of their own sleeping equipment suitable for their needs (tent, sleeping bag, etc).

-Two areas are provided for tent camping: Upper and Lower lawns.

-Tents must be spaced a minimum of 8 feet apart.

\*Everyone needs to read:

[http://www.publichealth.lacounty.gov/media/Coronavirus/docs/protocols/Reopening\\_DayCamps.pdf](http://www.publichealth.lacounty.gov/media/Coronavirus/docs/protocols/Reopening_DayCamps.pdf)